NORTH CAROLINA COMMISSION FOR MENTAL HEALTH, DEVELOPMENTAL DISABILITIES AND SUBSTANCE ABUSE SERVICES

Advisory Committee Minutes

DoubleTree Hotel 1707 Hillsborough Street Raleigh, NC

Thursday, October 24, 2013

Attending:

Commission Members:

Anna Cunningham, Kevin Oliver, Amie Brendle, Dr. Greg Olley, James Bowman, John Owen, Dr. Tyehimba Hunt-Harrison, Michael Maybee, Ann Shaw, Nancy Moore, Dr. Peggy Terhune, Don Trobaugh, Beverly Morrow, Linda Warden, Dr. Marian Spencer, Dr. Roger Moore, Jr., Dr. Brian Sheitman

Excused Absences:

Phillip A. Mooring, Elizabeth Ramos

Division Staff:

Steven E. Hairston, W. Denise Baker, Marta T. Hester, Andrea Borden, Brenda T. Smith

Call to Order:

The Advisory Committee was called to order by Anna Cunningham, Advisory Committee Chairperson at 9:10 am. Ms. Cunningham issued the ethics reminder, called for a Moment of Reflection and recognized the new members: Dr. Brian Sheitman and Dr. Roger Moore, Jr.

Approval of Minutes:

Upon motion, second, and unanimous vote, the Advisory Committee approved the minutes of the July 25, 2013 meeting as amended. Ms. Nancy E. Moore's name was added under Excused Absence.

Chairman's Report:

Ms Cunningham reviewed the handout, Suggested Database Items for Matrix for NC Commission on MHDDSA, and announced the members on each workgroup The two work groups are Housing and Transportation and Rights and Services. The work group membership is outlined below:

Housing and Transportation Workgroup:

Anna Cunningham Don Troubaugh Dr. Marian Spencer Ann Shaw John Owen Dr. Roger Moore, Jr.

Rights and Services Workgroup:

Dr. Peggy Terhune Linda Warden Amie Brendle Dr. Tyehimba Hunt-Harrison Kevin Oliver Elizabeth Ramos James Bowman Beverly Morrow Michael Maybee Dr. Brian Sheitman

Ms. Cunningham also presented a draft of the Advisory Committee's Mission Statement as part of the Chairman's Report. Advisory Committee members provided feedback and input to help tailor the language. Generally speaking, the mission statement is proposed as follows: *The Advisory Committee will advise the NC Commission on Mental Health, Developmental Disabilities and Substance Abuse Services on current issues on mental health, developmental disabilities and substance abuse services affecting those in North Carolina which need to be acted upon for decision making with the purpose of fulfilling the advisory role of the Commission. Ms. Cunningham will send the proposed mission statement to the Advisory Committee members via electronic mail before the January 2014 Advisory Meeting in order to allow some wordsmithing before the final adoption.*

Presentation on Status of Data Collection for Gaps in Services Analysis:

Carol Potter, RH.D., Quality Management Consultant, Quality Management Team, NC Division of Mental Health, Developmental Disabilities and Substance Abuse Services (DMH/DD/SAS), Community Policy Management Section, presented a powerpoint presentation on *LME-MCO Community Needs and Provider Capacity Assessments*. Dr. Potter advised the NC DMH/DD/SAS and NC Division of Medical Assistance (DMA) are working in concert on community needs and provider capacity assessments and the data is due from the Local Management Entities – Managed Care Organizations (LMEs-MCOs) in April 2014. She also mentioned the development of a workgroup to help establish a standardized process and reporting format for the LME-MCOs to provide their information to NC Department of Health and Human Services (DHHS). Dr. Potter indicated several ways in which the Advisory Committee can assist with the data collection process:

- By helping to identify ways to conduct surveys to obtain information --- i.e., how to collect information from people who are employed during the day; and
- By helping the LMEs-MCOs to better understand the community.

Dr. Potter received the following questions and comments from the Advisory Committee members:

- Ms. Cunningham questioned the availability and need for communication being available as well as presented in a readable format. Dr. Potter agreed to discuss this issue with the work group.
- Dr. Peggy Terhune expressed concern the work group may be missing some stakeholders such as providers or provider organizations. She also stated the right questions must be asked in order to know what the concerns are.
- Beverly Morrow commented that both consumers and their families should be involved in the work group.
- Don Trobaugh questioned who is doing the surveys within the LMEs. Dr. Potter advised a survey is just one tool at their disposal but perhaps the Advisory Committee may have other suggestions. She added the Quality Management Director with the LMEs-MCOs are the primary contacts. Mr. Trobaugh asked about the consequences if LMEs-MCOs fail to meet the April 2014 due date and Ms. Potter responded that the requirement is in their contracts. She also explained the role in which the workgroup plays in the areas of guidance and technical assistance.
- Dr. Potter agreed to find out if the LME-MCO Community Needs and Provider Capacity Assessments is conducted in response to a legislative mandate in reply to Michael Maybee's inquiry.
- Dr. Potter will follow up with the Advisory Committee at a later date to provide a copy of the survey template in response to Ms. Cunningham's request.

Presentation on Housing:

Ken Edminster, Housing Coordinator, Best Practice and Community Innovations Team, NC DMH/DD/SAS, Community Policy Management Section, presented a powerpoint presentation on *Housing Options for People With Mental Illness and Addictive Disorders*. He mentioned the inadequate funding for housing through the United States Department of Housing and Urban Development (HUD). While discussing the supportive housing model, Mr. Edminster also noted the key to supportive housing is supportive employment. He announced Phase III of the Institute for Medical Disease (IMD) Determination Process will start soon, although it was supposed to be completed by August 2013.

Mr. Edminster received the following questions and comments from the Advisory Committee members during his presentation:

- Ms. Morrow questioned the number of individuals moving out of adult group homes due to the
 system not working. Mr. Edminster responded that a root cause analysis was conducted indicating
 gaps are present and medication management is a concern. He added that approximately 10% of
 individuals in a group home will return to a more supervised setting.
- John Owen requested clarification on the Housing/Department of Justice (DOJ) settlement agreement if the administration changes. Mr. Edminster advised the DOJ agreement will be honored regardless of administration changes and is valid for eight (8) years.
- Mr. Edminster replied to several questions from Advisory Committee members about supportive housing which included: the state using a voucher system to assign housing, apartments, etc., across the state which are already available; looking at targeted units regarding the design with consideration for aging populations also; and the use of In Reach, to educate people about supportive housing options who may be in state hospitals and adult care homes.
- Mr. Edminster informed Mr. Trobaugh that all 3,000 individuals must be housed within the state of NC
- Dr. Terhune commented there should not be unrealistic expectations as huge barriers exist in the area of supportive employment because some of the individuals seeking employment are drug users.

Old Business:

Review Updated Advisory Committee Working Matrix Model

Ms. Cunningham reviewed the handout, NC Commission on MHDDSA: Advisory Committee Decision Matrix: Criteria for Selection of Advocacy Issues. This document is to be used as a supplement to the handout on Suggested Database Items for Matrix for NC Commission on MHDDSA. Ms. Cunningham announced the Advisory Committee received copies of the requested housing documents from the NC DMHDDSAS as part of the Advisory and Rules Committees mail out packets. The documents were: Welcome Home! A Report on Housing for North Carolinians with Disabilities and Strategic Housing Plan for the North Carolina Division of Mental Health, Developmental Disabilities and Substance Abuse Services.

New Business:

The Advisory Committee proceeded to their work groups for discussion. The two work groups are Housing and Transportation and Rights and Services.

Public Comment:

There were no public comments.

Adjournment:

There being no further business, the meeting adjourned at 12:05 pm.